

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



MAIN CALENDER

DEANWOOD REHABILITATION & WELLNESS CENTER

NEW YEARS DAY 1
 9:10 Daily Chronicle & Rm Visits
 10:00 **New Year's Resolutions-4N**
 10:00 Yoga Movement to Music -All
 10:30 Conversation in the round-5N
 2:00 Music Listening -4N
 2:30 **Bingo \$\$\$-1 MDR** w/ Artel & Tonya
 4:30 **Checkers & Spades - 1MDR**
 5:30 Smoking Patio w Tonya Young
New Year's Day

9:10 Daily Chronicle & 1 to 1 Rm. 2
 10:00 Hillsong & TV Ministry Service / Joel Olsen
 1:00 **NFL Washington vs Eagles-1 MDR** with 6ft social distancing
 2:30 Crossword Puzzles & Word Search Booklets-All rooms
 3:30 **Evening Matinee Movies-5S**
 5:30 **Smoking Patio w / Kevin**

9:10 Daily Chronicle & Rm Visits 3
 10:00 Barbershop w Wanda Powell-4th
 10:00 Exercise -All Units
 10:30 **Bible Study / Min. Crowder -4N**
 10:30 In the News w Melisa -3N
 10:30 Music Listen on 3North & 3South
 2:30 **Pin Bowling - w Kevin 5South**
 2:30 **Sunshine Group w Dean/ Old School Music Hour 60's & 70's-2S**
 5:00 In the NEWS- Unit TV/All
 5:30 Smoking Patio w Melissa

8:15 DENNY's Breakfast Trip (L) 4
 9:10 Daily Chronicle & Rm Visits
 10:30 **Bible Study w Min. Crowder-4N**
 10:30 In the news discussion- on 3North & 3South
 10:30 **Nail Painting -2S w Betty**
 2:30 Variety of Music on 4South
 2:30 **Live w DJ Casper-1 MDR**
 5:30 Smoking Patio w Nicola

8:15 Resident Coffee Lounge-2MPR 5
 10:00 Exercise -All Units
 10:30 **Bible Study w Min. Crowder-4N**
 10:30 **Sunshine Group/Adult Art Project w Betty-2MPR**
 10:30 Nail Painting w Tonya-5North
 2:00 Matinee Movie Hour-
 2:30 **Bible Jingo- 5South vs. 2N Betty**
 2:30 **Music Listening - Main Dining RM**
 5:30 **Smoking Patio w Betty**

9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 6
 10:00 Yoga Movements- All Rms.
 10:30 Family Visitations-All
 10:30 Did You Know Trivia-All
 12:00 Lunch in Room -All Units
 2:30 Magazine Distribution-Rm Vis.
 2:30 **Fresh Popcorn w Kevin-5S**
 3:30 Care Tracking - All
 5:30 **Smoke Monitor Coverage-Patio**

8:15 Resident Coffee Lounge-2MPR 7
 9:10 Daily Chronicle & Rm Visits
 10:00 Exercise -All Units
 10:30 Adult Art w Nicola -3north
 10:30 **Bible Study w Min. Crowder**
 2:00 Arts & Crafts - 3S, 4N & 5N
 2:30 **Sing-along w Bill Crews - 1MDR**
 4:00 **Card Games on 5South**
 5:00 Unit quite time reading - Lounge

9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 8
 10:00 Rm Exercise- All Rms.
 10:30 Family Visitation-All
 10:30 Adult Art- Rm Projects / All
 10:30 **Popcorn & Movie Hour-5S**
 11:00 **Family Vistations-2MPR**
 2:30 Magazine Distribution-Rm Vis.
 2:30 **Family Phone Calls- All Units**
 5:00 Evening News- Room TV

9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 9
 10:00 Hillsong & TV Ministry Service / Joel Olsen
 10:00 **Nail Painting w Melisa -3N**
 2:30 **Ice-Cream Social: 3N & 3S**
 3:30 **Evening Matinee Movies-5S**
 5pm In the News - Unit & Rooms
 5:30 **Smoking Patio w Kevin**

9:15 Daily Chronicle & Rm Visits 10
 10:00 Barbershop w Wanda Powell-4th
 10:30 **Bible Study / Min. Crowder -4N**
 10:30 Morning Discussion w Melisa- 3N
 10:30 Sentimental Video-2South
 2:30 Soft Cookie - All Units
 4:4a5 Evening Room Rounds-All
 5:30 In the NEWS -Units TV/All
 5:30 Smoking Patio w Melissa

8:15 Walmart Shopping Trip (L) 11
 9:10 Daily Chronicle & Rm Visits
 10:00 Balloon Volleyball-All Units
 10:30 **Bible Study w Min. Crowder-4N**
 10:30 **Nail Painting -2S w Betty**
 2:30 Variety of Music on 4South
 2:30 **RESIDENT COUNCIL - 1st Floor Main Din. All welcomed**
 5:30 **Smoking Patio w Nicola**

8:15 Resident Coffee Lounge-2MPR 12
 10:00 Exercise -All Units
 10:30 **Bible Study w Min. Crowder-4N**
 10:30 **Sunshine Group/Adult Art Project w Betty-2MPR**
 10:30 Nail Painting w Tonya-5North
 2:30 **Bible Jingo- 5South vs. 2N Betty**
 2:30 **Pin Bowling -Main Dining Room**
 5:30 **Smoking Patio w Betty**

9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 13
 9:30 Holiday Music -All Floors
 10:00 Family Room Calls - All Units
 10:30 Word Find- Independent
 2:30 2nd Floor -Evening Coffee & Pastry w Betty on 3S
 3:30 Care Tracking -All
 5:00 Evening News- Room TV
 5:30 **Smoke Monitor Coverage-Patio**

8:15 Resident Coffee Lounge-2MPR 14
 9:10 Daily Chronicle & Rm Visits
 10:00 Exercise -All Units
 10:30 **Bible Study/ Min. Crider-2MPR**
 10:30 Adult Art- 3South w Nicola
 2:00 Arts & Crafts - 3S, 4N & 5N
 2:30 **Deanwood "Jazz Music Café" - 1MPR**
 4:00 **Card Games on 5South**
 5:00 Unit quite time reading - Lounge

9:10 Daily Chronicle & Rm Visits 15
 10:00 Checkers & Cards Games-1MDR
 10:00 **Yoga Movement to Music -All**
 10:30 Conversation in the round-5N
 2:00 Music Listening -4N
 2:30 **Bingo \$\$\$-1 MDR** w/ Artel & Tonya
 4:30 **Checkers & Spades - 1MDR**
 5:30 Smoking Patio w Tonya Young

9:10 Daily Chronicle & 1 to 1 Rm Visits -All unit rooms 16
 10:00 Hillsong & TV Ministry Service / Joel Olsen
 10:00 **Arts & Crafts- 5N w (Kevin)**
 10:00 Church Service WHUR Radio
 3:30 **Evening Matinee Movies-5S**
 5:30 **Smoking Patio w Kevin**

MLK- BIRTHDAY 17
 9:15 Daily Chronicle & Rm Visits
 10:00 Exercise- 4S,5S
 10:30 Morning Sermon on CD-4N
 10:30 Rhythm Band w Betty-2S
 12:00 Special MLK Soulful Luncheon
 2:30 **MLK, Jr. Program & Social / Remembering the Dream: 1 Main Din.**
 5:30 In the NEWS -Unit TV/All
 5:30 Smoking Patio w Melissa
Martin Luther King Jr. Day

8:15 Memory Ride (L) 18
 9:10 Daily Chronicle & Rm Visits
 10:00 Balloon Volleyball-All Units
 10:30 In the news discussion- on 3North & 3South
 10:30 **Nail Painting - 2S w Betty**
 2:30 Variety of Music on 4South
 2:30 **Live w DJ Casper-1 MDR**
 4:45 Room Rounds-All Units
 5:30 Smoking Patio w Nicola

Resident Special BRUNCH 19
 8:15 Resident Coffee Lounge-2MPR
 10:30 Bible Study w Min. Crowder-4N
 10:30 **Sunshine Group/Adult Art Project w Betty-2MPR**
 11:30 **Special BRUNCH Luncheon. (1MDR) and Units**
 2:30 **Bible Jingo- 5South vs. 2N Betty**
 2:30 Adult Coloring -All Units
 5:30 **Smoking Patio w Betty**

9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 20
 10:00 Yoga Movements- All Rms.
 10:30 Did You Know Trivia-All
 2:30 Magazine Distribution-All
 2:30 **Fresh Popcorn w Artel-4N**
 3:30 Care Tracking - All
 5:30 **Smoke Monitor Coverage-Patio**

8:15 Resident Coffee Lounge-2MPR 21
 9:10 Daily Chronicle & Rm Visits
 10:00 **Exercise -All Units**
 10:30 Bible Study w Min. Crider-2MPR
 10:30 **Bible Study w James -4North**
 2:00 Arts & Crafts - 3S, 4N & 5N
 2:30 **Sing-along w Bill Crews - 1MDR**
 4:00 **Card Games on 5South**
 5:00 Unit quite time reading - Lounge

9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 22
 10:00 Rm Exercise- All Rms.
 10:30 Family Visitation-All
 10:30 Adult Art- Rm Projects / All
 10:30 **Popcorn & Movie Hour-5S**
 2:30 Magazine Distribution-Rm Vis.
 2:30 **Family Phone Calls- All Units**
 5:00 Evening News- Room TV
 5:30 **Smoke Monitor Coverage**

Activities Professionals Week 23
 9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms
 10:00 **Hillsong & TV Ministry Service / Joel Olsen**
 10:00 **Nail Painting w Melisa- 4N**
 3:30 **Evening Matinee Movies-5S**
 5pm In the News - Unit & Rooms
 5:30 **Smoking Patio w Kevin**
Activity Professionals Week

January 2022- Residents Birthday Celebration 24
 9:10 Daily Chronicle & Rm Visits
 10:00 Exercise -All Units
 10:30 Morning Sermon on CD-4N
 10:30 In the News w Melisa -3N
 10:30 Music Listen on 3North & 3South
 2:30 **Pin Bowling /5North vs 5South**
 5:00 In the NEWS-Unit TV/All
 5:30 Smoking Patio w Melissa

8Am-9am Activities Staff (Potluck - Brunch)- 3 Office 25
 9:10 Daily Chronicle & Rm Visits
 9:30 Arts & Crafts -3S, 4S and 5S
 10:30 **Activities Staff Cooldown Spa - TBA / Activities Professional week**
 10:30 Nail Painting -2S w Betty
 2:30 Variety of Music on 4South
 2:30 **Paint AND SIP w Music-1MDR**
 5:30 Smoking Patio w Nicola

8:15 Resident Coffee Lounge-2MPR 26
 10:00 Exercise -All Units
 10:30 Bible Study w Min. Crowder-4N
 10:30 **Sunshine Group/Adult Art Project w Betty-2MPR**
 10:30 Nail Painting w Tonya-5North
 2:30 **Bible Jingo- 5South vs. 2N Betty**
 2:30 Salute to Activity Professionals - **Cake and Punch Social (1 -Main Din).**
 5:30 **Smoking Patio- w Betty**
Australia Day (observed)

9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 27
 10:30 Independent Crossword puzzle- All Units
 2:30 **Fresh Popcorn /Melissa -3N**
 10:30 Word Find- Independent
 2:30 Magazine Distribution-Rm
 3:30 Care Tracking -All
 5:30 **Smoke Monitor Coverage-Patio**

8:15 Resident Coffee Lounge-2MPR 28
 9:10 Daily Chronicle & Rm Visits
 10:00 Exercise -All Units
 10:30 Bible Study w Min. Crider-2MPR
 10:30 **Bible Study w/ James -4North**
 2:00 Arts & Crafts - 3S, 4N & 5N
 2:30 **Sing-along w Bill Crews - 1MDR**
 4:00 **Card Games on 5South**
 5:00 Unit quite time reading - Lounge

9:10 Daily Chronicle & Rm Visits 29
 10:00 Checkers & Cards Games-1MDR
 10:00 Yoga Movement to Music -All
 10:30 Conversation in the round-5N
 2:00 Music Listening -4N
 2:30 **Bingo \$\$\$-1 MDR** w/ Artel & Tonya
 4:30 **Checkers & Spades - 1MDR**
 5:30 Smoking Patio w Tonya Young

9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 30
 10:00 **Arts & Crafts -2S w Kevin**
 10:00 **Hillsong & TV Ministry Service / Joel Olsen**
 10:00 **Arts & Crafts**
 3:30 **Evening Matinee Movies-5S**
 5pm In the News - Unit & Rooms
 5:30 **Smoking Patio w Kevin**

9:10 Daily Chronicle & Rm Visits 31
 10:00 Exercise -All Units
 10:30 Morning Sermon on CD-4N
 10:30 In the News w Melisa -3N
 10:30 Music Listen on 3North & 3South
 2:30 **Pin Bowling - w Kevin 5South**
 2:30 **Sunshine Group w Dean/ Old School Music Hour 60's & 70's-2S**
 5:00 In the NEWS-Unit TV/All
 5:30 Smoking Patio w Melissa

Amilia Alcema - Regional Director of Operations
 202-399-7504 Ext. 1513
Mariana Tangwa- Administrator- 202-399-7504 Ext. 1513 (Mrs. Jaye)
Jacob Nanjo-DON-ext. 1595
Barrington D. Scott - ADC/RT- Ext. 1518
Betty Bass-SS Dir./ Grievance Officer-202-399-7504 Ext. 1540
Albert Reed - DC LT- Ombudsman-202-434-2154

MAIN CALENDER